



# International Surf Lifesaving Association



## Macedonia Volunteer Trip 2013

**Who:** The **International Surf Lifesaving Association (ISLA)** is a nonprofit 501c(3); ISLA is collaborative network of Lifesavers working to reduce drownings in developing countries, by providing sustainable training programs, rescue equipment, medical supplies, exchange programs, and emergency medical personnel to beach communities in need.

**What:** Inviting all lifeguards and trained medical responders to volunteer in a basic lifeguard-training course. Participate as instructors and train lifeguard cadets in physical activities, lifeguarding techniques, and medical response exercises. Enjoy the opportunity to lifeguard alongside Macedonian Rescuers, participate in a mountain rescue course put on by Macedonian Rescuers, and make new relationships with Macedonia Lifeguards.

Housing, food and transportation are all included in the project dues. All monies collected used directly toward training materials, equipment shipment, and local donations.

**Why:** To contribute efforts that aim to minimize death by drowning in Macedonia, to promote a cross-cultural exchange with lifeguards from different parts of the world, and to provide basic lifeguard supplies to the Macedonian Rescuers.

Macedonia Rescuers are a passionate group of volunteers dedicated to providing the services and protection needed for the beach-going public in Macedonia. Due to low funding the Macedonia Rescuers are in need of basic lifeguard supplies and the sharing of lifeguard knowledge to continue effective operations and to raise awareness about the importance of water safety.

**When:** *May 19 – June 1, 2013 (tentative by a couple days and TBD by December 2012)*

**Where:** Veles, Macedonia

**How:** If you like to learn more please visit: [www.islasurf.org](http://www.islasurf.org)

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***ALL DONATIONS AND HELP WELCOMED!***